

## Laser Surgery

Laser surgery is an effective surgical procedure to treat periodontal disease. Complications are minimal and healing is much faster than conventional surgery, most people return to work the next day and many just need over the counter pain medication. You can eat before surgery and drive yourself unless a sedative has been prescribed.

### **Post Operative Instructions**

Day of Surgery – Leave the surgical site alone. Eat soft foods on areas where surgery was not performed.

Day After Surgery – Rinse with prescribed rinse. Continue eating soft foods on non- surgical site. Do not brush or floss surgical site but you may brush and floss the other areas of your mouth.

After Two days and till return to our office – Lightly brush surgical sites, rinse, eat on non-surgical sites. Floss non-surgical sites but do NOT floss surgical site. Do not eat popcorn or hard foods like nuts. Pain should be minimal and mostly controlled with over the counter medications.

For more information visit our website at [www.yarbroughperiodontics.com](http://www.yarbroughperiodontics.com).