

## Tissue Grafts

Tissue graft surgery is an effective procedure to build back lost gingiva. The more teeth grafted the more discomfort will be expected. If 1-2 teeth are treated most people will need some prescribed pain medication and should be able to return to work or school 1-2 days after surgery. Some swelling and bruising is not unusual. The graft will undergo many color changes during the healing process so do not be alarmed. Sutures from the donor site will usually start coming out in 2-3 days. You can eat before surgery and drive yourself unless a sedative has been prescribed. If more than one site is done or if you have to drive a long distance having someone else drive you may be a good idea.

### **Post Operative Instructions**

Day of surgery and next day – Leave surgical site alone. Eat soft foods on non-surgical sites. Do not brush or floss surgical sites.

Two days after surgery and till return to our office – Try not to eat on surgical site especially hard foods. Try to eat foods from a fork or spoon, not foods you hold and bite into like hard bread, sandwiches, or fruit. Do not brush or floss surgical site but if necessary lightly clean surgical site with a Q tip and mouth wash.

For more information visit our website at [www.yarbroughperiodontics.com](http://www.yarbroughperiodontics.com)